

DARCYJEDACORBITT ORGANIZATION

North Dakota LGBTQ+ Health Resources

Crisis Resources

Trans Lifeline: 1-877-565-8860

Trevor Project: 1-866-488-7386

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

In North Dakota: 211 from a landline

Affirming Mental Health Service Providers

- The NDSU Family Therapy Center has compiled a list of LGBTQ+ Affirmative Therapists in the region. Therapists on this list have undergone training to become Affirmative Therapists. Learn more: <http://tinyurl.com/NDLGBTQ-Therapy>
- They also provide the following list of questions to ask a therapist to determine if they will provide affirming care:
 1. Do you support lesbian, gay, bisexual, transgender people and their relationships?
 2. What type of professional education do you have in working with LGBT clients?
 3. What kind of training have you had in working with the LGBT population?
 4. What is your experience working with LGBT clients?
 5. What is your experience working with transgender/gender creative/gender nonconforming clients?
 6. What kind of training have you received on gender identity?
 7. Are you familiar with the WPATH *Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People*?

Affirming Medical Health Service Providers

- GLMA Provider Directory for ND: <http://tinyurl.com/NDLGBTQ-Doctors>
- Trans Health Clinic Directory (US): <http://trans-health.com/clinics/> or <http://tinyurl.com/WPATH-Directory>
- Additional National Health Resources: <http://darcycorbitt.org/resources>

Affirming Sexual Health Service Providers

- Planned Parenthood Moorhead (MN): <http://tinyurl.com/moorheadplannedparenthood>
- Rape and Abuse Crisis Center (Fargo): <https://raccfm.com/>
- NW Network of Bisexual, Trans, Lesbian, and Gay Survivors of Abuse: <http://nwnetwork.org>
- The Network/La Red: <http://tnlr.org>

North Dakota Transgender Health Care Options

- **Fargo:**
 - Adults: Dr. David Newman: (701) 234-7980
 - Youth: Dr. Luis Casas: (701) 234-2431
 - Veterans: Dr. William Newman: (701) 232-3241
- **Grand Forks:**
 - Adults: Dr. William Zaks: (701) 780-5000
- **Bismarck-Mandan:**
 - Adults: Dr. Thomas Hutchens or Dr. Janice Bury: (701) 530-6000
- **Minneapolis/St. Paul, MN:**
 - Adults: Family Tree Clinic (no letter necessary): (651) 645-0478
 - Youth: Dr. Eric Meininger (651) 645-0478

Please email general@darcycorbitt.org to suggest a resource